

Interhouse Results:

Boys: Football

Year 7:

1st Ely + 170 pts
 2nd Hatfield + 125 pts
 3rd De Havilland + 120 pts
 4th Onslow + 100 pts
 5th Audrey + 85 pts

Year 9:

1st Onslow + 170 pts
 2nd Ely + 160 pts
 3rd De Havilland + 140 pts
 4th Hatfield + 50 pts
 5th Audrey + 40 pts

Girls: Football

Year 8:

1st Ely + 135 pts
 2nd De Havilland + 120 pts
 3rd Audrey + 105 pts
 4th Onslow + 90 pts
 5th Hatfield + 85 pts

Year 10:

1st Ely + 170 pts
 2nd De Havilland + 140 pts
 3rd Audrey + 60 pts
 3rd Onslow + 60 pts

Results:

Boys Football:

Year 7: 0-5 vs Thomas Alleyne (L)
 Year 8: 1-7 vs Monks Walk (Develop.) (L)
 Year 9: 4-7 vs Rickmansworth (L)
 Year 10: 5-1 vs Dame Alice Owens (A) (L)

Girls Football:

U16 4-1 vs Ridgeway (H) (W)

Boys Basketball:

Year 8: 16-42 vs Beaumont (Jr.NBA) (L)
 Year 9: 49-13 vs Stanborough (W)
 23-18 vs Ridgeway (W)
 43-18 vs DAO (W)
 Year 10: 25-47 vs Ridgeway (L)
 28-61 vs Stanborough (L)

Boys Futsal:

Year 8: District Tournament Runners-Up (2W, 3D, 1L)

Extra-Curricular Clubs:

It has been a very busy term for TEAM PE running an outstanding variety of over 14 different clubs. With help from sports captains, the clubs have been helped out greatly and we are looking to continue running the clubs next year with the possibility of more coming in the future. Running these clubs gives students the opportunity to develop skills, learn something new, develop new friendships and have fun. We look forward to seeing more of you attending next year!



January Exams:

Year 11 OCR Sport RO51 Resit – Wednesday the 8th January
 Year 13 OCR Sport Unit 3 - Monday 13th January

Year 12 OCR Sport Level 3 Unit 1 – Thursday 9th January
 Year 13 OCR Sport Unit 4 – Wednesday 15th January

PE Outstanding Effort and Engagement Half-Term 2

Year 7: Riley E (7D), Malachi A (7E), Nathan B (7D), Florence H (7D), Leah V (7D), Isabelle C (7H), Mayleen O (7H)

Year 8: John C (8E), Vishnu T (8H), Michael H (8O), Aaron N (8D), Lucy C (8A), Grace D (8E), Molly C (8A), Paige M (8D)

Year 9: Sidney M (9E), Bailey R (9A), Josh P (9A), Leo A (9E), Amy T (9H), Szintia L (9D), Talita C (9D), Chloe P (9E)

Year 10: Oliver S (10H), Jay P (10D), Max B (10A), Jasper H (10O), Ray T (10D), Georgie ER (10E), Amelia B (10O)

At the end of this first term for 2019/2020 it is very important to reflect on the progress we've made and celebrate the engagement and effort of our students in school sport. Our goal is to provide each and every individual with the opportunity to partake in physical activity, from performing to officiating whilst offering leadership opportunities. Our sports captains have led another round of interhouse fixtures which has seen over 130 pupils compete for points for their house in 5 a-side football tournaments. They have also been involved in providing primary school sport opportunities in table tennis and cricket. A huge well done to our captains for their efforts.

Our sports teams have had plenty of competitive fixtures with positive performances and results. Notable achievements include the Year 8 boys finishing as runners-up in the district futsal tournament hosted at Ridgeway Academy and our Year 9 boys basketball team being crowned District Champions in the District rally in November. They have also started strong in their District league campaign winning three from three. Finally, our Year 10 girls were runners-up in the district 6-a-side competition losing the title on goal difference—well done all!

This half term we have been lucky enough to have coach Ollie from the RFU come into school and develop our rugby programme as mentioned in the piece below. Rugby club starts after Christmas so please ensure you have your gum shields. I would like to personally thank Ollie for all his efforts and we'll look forward to further developing rugby here at OSA in the future.

Finally, thank you all for your ongoing support, please continue to share our twitter @OSA_PE and stay tuned for updates. We wish you all a restful break, a Merry Christmas and a Happy New Year!

Mr Davey (Teacher of PE)



Sports Captains Blog December 2019

As sports captains, part of our role is to represent the PE department at fixtures, extra-curricular clubs, interhouse competitions and primary school events. We would like to say that it is very rewarding to see so many students taking part in these events as we encourage all students to participate. The first two terms have been challenging for us in our new roles and we want to thank you all for your huge efforts in the opportunities we provide for you. A huge congratulations to those who spent their own time to participate in this terms Interhouse events, there was some great acts of sportsmanship on show and some really good performances. We wish you all a power-generating break, ready to start the New Year with new Interhouse events and fixtures. Congratulations to all of you for your hard work this term, keep it up! **Megan V & Ethan P (OSA Sports Captains 19/20)**

Our Year 7 girls took part in the Hertfordshire County five-a-side tournament held at Stevenage academy this half term. The girls enjoyed the experience and had a chance to meet Stevenage 1st team player Dean Parrett and club captain Scott Cuthbert.



OSA have been lucky enough to have a special visitor from the Welwyn Rugby Club who has led some outstanding sessions to establish our rugby program at OSA. Thank you Welwyn Rugby Club for giving the pupils the opportunity to learn and develop new skills in rugby. Students have come away from these lessons with a positive attitude and are looking forward to progressing in Rugby in the future. www.pitchero.com/clubs/welwynrfc



Year 9 District Basketball Rally Champions